Functional Medicine Services Boca Raton Florida

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Functional Medicine is all about using the most cutting-edge research and laboratory testing to find and address the root cause of their problems. Often, people who cannot get answers from conventional medicine turn to functional medicine doctors for support after their other doctors have all but given up on them and all the treatments have failed to offer them any relief.

Even if the situation seems dire and helpless, this is the ideal candidate to get help with functional medicine. Others just choose functional medicine because they prefer natural alternatives or want to get ahead with preventative options.

REQUEST A CONSULTATION

Our functional and integrative medicine doctors will review your existing labs and medical history and ask precise questions to aid our process. Once we have all that information and complete a physical exam, if necessary, we may decide to order additional specialty testing or begin treatment right away.

After your initial exam, our functional medicine Drs will create a simple and easy to follow plan that may include dietary and lifestyle modifications, exercise, supplements, nutrients, herbs, peptides, and perhaps even other modalities such as medical massage or acupuncture, depending on your condition.

- Autoimmune
- Chronic fatigue
- Hormone Imbalance
- Thyroid
- Digestive / Gastrointestinal
- Allergies & Skin
- Neurological
- Mental / Emotional
- Cardiovascular

Most doctors are trained to look for red flags or emergency situations and refer out as necessary. Even specialists have minimal options for treating chronic illness if the standard protocols fail to resolve your symptoms. If a few medications don't work well or the side effects are too severe, there is very little else they can do. If you are reading this now, you may have already lived through this experience and know it to be true.
In addition, all our functional medicine doctors are licensed primary care providers in the state of Florida. They are also trained to a master's or doctorate level in herbal medicine.

Each case and individual is entirely different. Some long-term illnesses may resolve within a few weeks, and sometimes something simple may take months. After your initial intake, your practitioner will discuss treatment plans based on your specific needs.

Hopefully not. We'd love for you to make a full recovery and not need to see us anymore after your initial treatment schedule is completed. This is often the case. However, some patients may need occasional maintenance or long-term supplementation depending on

genetics, lifestyle factors, and many other variables. We do our best to minimize the number of unnecessary nutrients. Still, many of us have legitimate deficiencies, or we've proven in the clinic that certain things will work for cases like yours.

We can usually start with whatever reports you have or go by mainly your symptoms, physical exam, questions, and clinical experience. Our functional doctors will have to familiarize themselves with your case and complete an initial intake to understand what additional testing may or may not be needed.

The good news is that even if you need testing, we do it all in-house. Our medical assistant or nurse performs phlebotomy services at our clinic with access to some of the most advanced labs in the world. Whatever your issue, we will get to the bottom of it.

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